



## Welcome to Triton Summer Camp 2018



Welcome to Triton Summer Camp! The staff of Triton Stables' hopes this will be a memorable and rewarding day of learning and horsemanship for your child.

Listed below are some helpful pointers that will make our time together go smoothly:

- Please drop off and pick up your child from the front barn parking lot only.
- *Remember to bring all necessary gear each morning for your child.* Your child will need to bring the following:
  - An approved ASTM riding helmet properly fitted. Triton Stables has some you can use, but regular riders will want to get their own.
  - Long pants/jeans are fine, but the inner seams may chafe your legs. Riding breeches are made to prevent this problem and are recommended for serious riding.
  - Boots or shoes with a heel. Sneakers are not allowed because they can slip through the stirrup and could drag a rider if thrown off the horse.
  - While not required, gloves are helpful to maintain a good grip on the reins.
  - Fly spray is recommended too as the flies that bother the horses will bother you if given the chance.
- Each camper will need to bring their own bagged lunch. We also encourage each camper to bring their own water bottle with their name on it. We have a water cooler in the barn for them to freely refill their bottles.
- If it is an unusually hot week, please make sure that you hydrate your child the night before camp. Gatorade or something equivalent is great as is water and fruits.
- If your child cannot attend camp for any reason, please contact Megan Ward at: 919-621-4908 as soon as possible. You may leave a voicemail overnight if necessary.

The staff of Triton Stables' hopes this will be the beginning of a lifetime sport and enjoyment for your child.